



THE EXPRESSIVE ARTS SPRING
SYMPOSIUM 2025

Expressive Artscape

[REGISTRATION](#)



PURA VIDA
COSTA RICA



Playing with artistic intelligence (AD)



2025

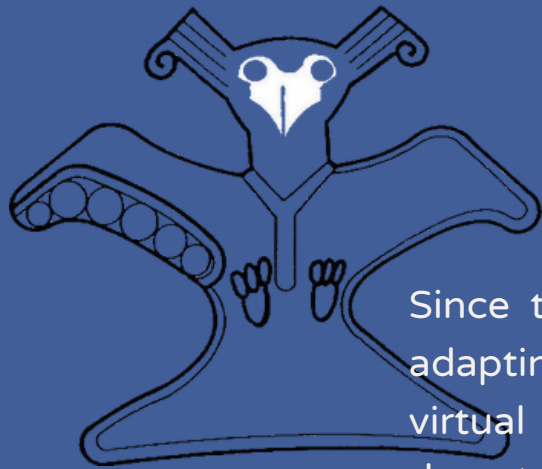


Expressive Artscape: playing with Artistic Intelligence (AI)

Welcome to Spring Symposium 2025.
Expressive Artscape: Playing with
Artistic Intelligence, the first Spring
Symposium in Latin America!

This year, we draw inspiration from
the vibrant nature, including the
majestic sea, the radiant sun, and the
lush tropical landscapes teeming with
vibrant flora and fauna. As we gather
from April 22nd to 27th, 2025, we
invite you to embark on a
transformative journey of creativity
and exploration.

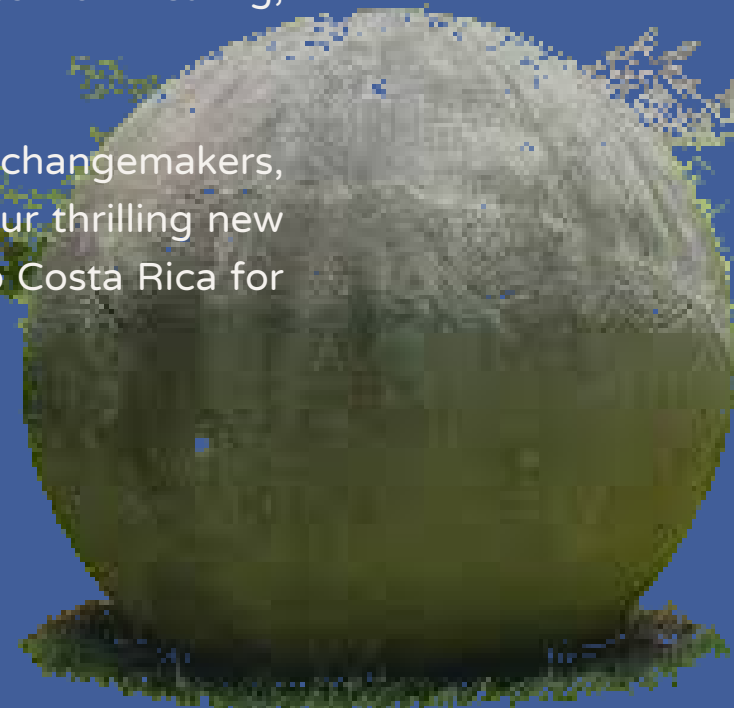




Since the 1990s, this symposium has blossomed into a beloved tradition, evolving and adapting with time to embrace diverse forms and locales. Recently, it has expanded to both virtual and in-person formats, crossing continents, and has now arrived at the enchanting doorsteps of Costa Rica.

Each Spring Symposium is graced with a meaningful theme. We've journeyed for example "Refinding Lost Harmonies" in Tenerife to "Restory-ing" in our last virtual gathering in 2024. Every symposium resonates with profound significance, creating spaces for healing, learning, and sharing stories among professionals.

We warmly invite the global community of teachers, psychologists, and changemakers, passionate about using the arts for transformative purposes, to join us for our thrilling new theme: "Expressive Artscape: Playing with Artistic (AI) Intelligence." Come to Costa Rica for an enriching experience at the Expressive Arts Spring Symposium 2025.





Set against the backdrop of Costa Rica's breathtaking landscapes, the symposium will be divided into three groups, each engaging in a variety of indoor and outdoor activities across the expansive property of Hotel Barcelo Playa Tambor. Like the butterfly spreading its wings to embrace new experiences, we encourage you to join us in discovering the beauty and power of expressive arts at the 2025 Spring Symposium.

¡Enjoy our Pura Vida Dreams!

EVENT DETAILS

- Country: Costa Rica
- Dates: April 22nd to 27th, 2025
- Venue: Hotel Barcelo Playa Tambor (all-inclusive)
- Reservations: Secure your spot with ASART using the provided form.
- Package Options:
 1. Single Room Package: \$1240 for tuition + 5 nights (with an additional \$135 per extra day taxes included).
 2. Shared Room Package: \$1040 for tuition + 5 nights (with an additional \$95 per extra night taxes included).



@RoselineDeThelin



An intriguing caption that describes the room goes here.
Use a flattering photo, then describe away!



HOST TEAM

Sylvia Ketelhohn and Victoria Uribe Jinich, the guiding hands behind Artes Expresivas Latinoamérica, have woven a vibrant tapestry since 2019. As codirectors, they lead this study program under ASART, a proud module provider for EGS. They nurture the intermodal Module in the lush landscapes of Costa Rica and the rich culture of Mexico, cultivating a blossoming network of Latin American professionals. Together, they explore the transformative power of the arts across diverse contexts, painting a canvas of connection and growth.

LOCAL COORDINATOR

Prof. Sylvia Ketelhohn

She has lived in Costa Rica since childhood and studied Fine Arts with an emphasis on Sculpture. In 2003, she founded ASART, a non-profit organization that established the Artes Expresivas Latinoamérica Study and Research Center in collaboration with the European Graduate School. She co-leads the Expressive Arts, Conflict Transformation, and Peacebuilding Diploma with Victoria Uribe Jinich and holds a Master of Arts and CAGS in these fields from the same school.





Community Art Leaders



Prof. Greer Essex



Prof. Melinda Ashley Meyer



Prof. Margareta Warja



TEACHER TEAMS



Prof. Melinda Ashley Meyer

Professor Melinda Ashley Meyer DeMott is the Director and Co-founder of the Norwegian Institute for Expressive Arts and Communication (NIKUT) and a certified psychotherapist. She is also a Professor at the European Graduate School in Switzerland. Dr. Meyer DeMott has produced documentaries, conducted research, and written extensively on using Expressive Arts to treat trauma, particularly among refugees. She created the Expressive Arts in Transition (EXIT) manual and received the Kings Medal of Merit in Norway in 2023 for her 30 years of work at NIKUT.



Prof. Margareta Warja

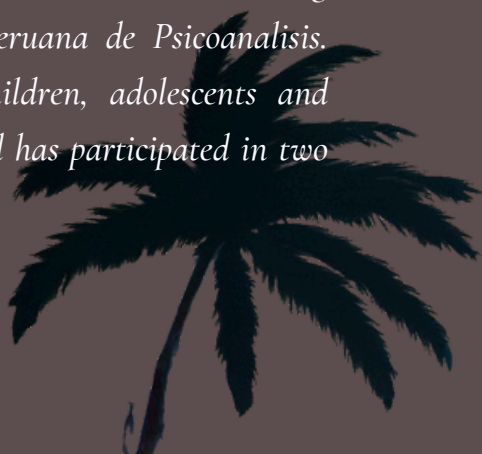
Margareta is the Director and co-founder of Expressive Arts Stockholm, a licensed psychotherapist, music and expressive arts therapist, and musician. She is a faculty member at NIKUT and the Music Therapy Program at the Royal Academy of Music in Stockholm. She developed the KMR-Brief Music Journeys method, based on music listening and intermodal expressive arts, which showed positive results in her PhD research on cancer rehabilitation.





Prof. Ximena Maurial McKee

Ximena Maurial MacKee. Co-founder and teacher at TAE Perú institute. Studies in expressive arts therapy at the European Graduate School. Graduate in clinical psychology at the Pontificia Universidad Católica del Perú and is training as psychoanalyst at the Sociedad Peruana de Psicoanálisis. Works in private practice with children, adolescents and adults. She loves creative process and has participated in two painting exhibitions.



Prof. Martin Zavala

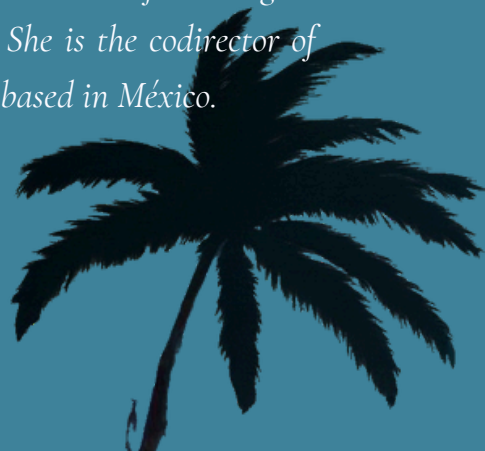
Co-founder and teacher at TAE Peru (Expressive Arts Therapy Institute in Peru). Postgraduate studies in expressive arts and social change at the European Graduate School, and in psychology at the University of Barcelona. Clinical psychologist graduated from the Pontificia Universidad Católica del Perú (PUCP). He has participated in various programs to promote community health, and has published in some journals and is coauthored of the book Pain and Beauty: perspectives from the expressive arts (2019). Love the sea and paint.





Prof. Victoria Uribe Jinich

Professor Victoria Uribe Jinich has a Master's Degree in Transdisciplinary Art Therapy and Human Development from IATBA, Spain. She continued her training with the Postgraduate in Expressive Arts for Education, Therapy, and Consulting (CAGS) at the European Graduate School in Switzerland and later completed the first level of training in Emotionally Focused Therapy (EFT). She is the codirector of Artes Expresivas Latinoamérica and is based in México.



Prof. Judith Greer Essex

Dr. Greer Essex is the founder/director of the Expressive Arts Institute, San Diego. Currently, she teaches in both the Master's and PhD programs at the European Graduate School. A licensed counseling psychologist, registered dance therapist, and registered expressive arts therapist, Greer is interested in the body and improvisational performance. Jessica Kingsley Publishers will release her first book, Mastering Expressive Arts Therapy: A Practitioner's Guide.





Poetry Online



Prof. Margo Fuchs Knill

Margo Fuchs Knill is a distinguished professor and poet, and Founding Dean of the MA Program in Expressive Arts, Division Arts, Health and Society at EGS (The European Graduate School). She practices privately, teaches internationally, and has authored numerous poetry books, articles and chapters. Margo's most recent textbook with Sally Atkins, "Poetry in Expressive Arts. Supporting Resilience through Poetic Writing", is acclaimed and translated into Chinese.



*Source, river and sea
surf, ebb and flow
you still our thirst for
life
you water growth,
and have us bloom*

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International volunteer team



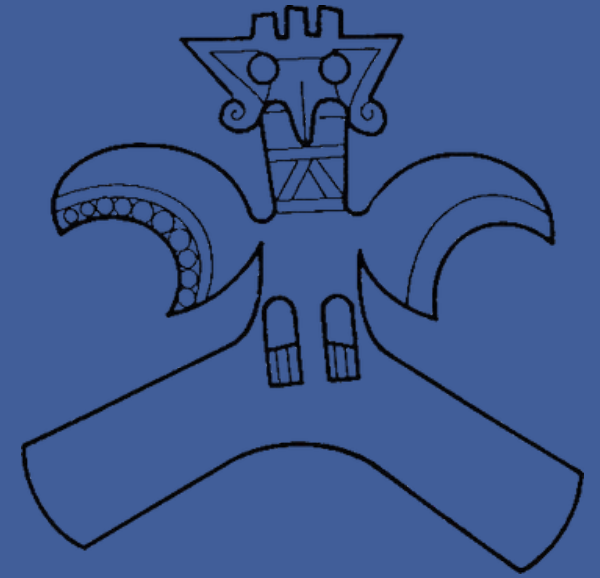
Carrie Herbert (UK)

Carolina Herbert, founder of ALKIMIA, is an integrative arts psychotherapist, trainer, supervisor, and consultant. She is also a photographer, musician, and singer-songwriter, with a strong interest in arts for social action and change. As a trained life cycle celebrant, she organizes ceremonies for significant life events. Carolina's passion is helping communities, organizations, and individuals navigate transitions and crises through music, healing arts, and cultural rituals.



Mylinda Baits (USA)

Mylinda currently works as a Global Consultant for Training using the Restorative Arts, sharing effective arts-based healing resources with social change agents, global peace builders, faith community leaders and trauma survivors. She has facilitated community art-making to accompany communities impacted by tragic loss, to promote expression, nurture peace building, empower change and sustain resiliency. Working at the intersections of spirituality, the neurosciences and creative expression she finds beauty in piecing together an aesthetic response to loss and life.



Local Volunteer Team



Pamela Jiménez (CR)

Pamela Jiménez is a talented dancer and therapist. She works at the National University of Costa Rica and is about to graduate from Artes Expresivas Latinoamérica. She has dedicated her passion for dance and therapy to enriching our academic and artistic community.

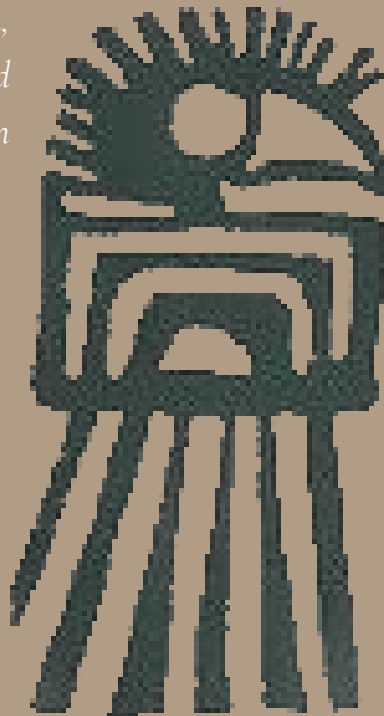


Expressive Artscape Volunteer Counselor



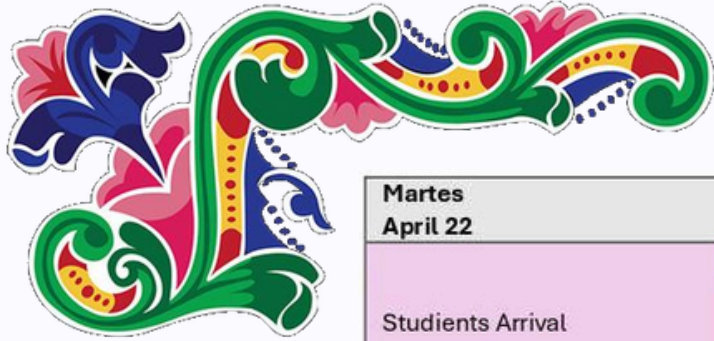
Ellen Yang

Ellen Yang, a Registered Clinical Counsellor and Expressive Arts Therapist with 25+ years of experience, specializes in stress, anxiety, depression, trauma, autism, and developmental differences, offering holistic and creative approaches for empowerment and well-being in Vancouver through teletherapy and in-person sessions.

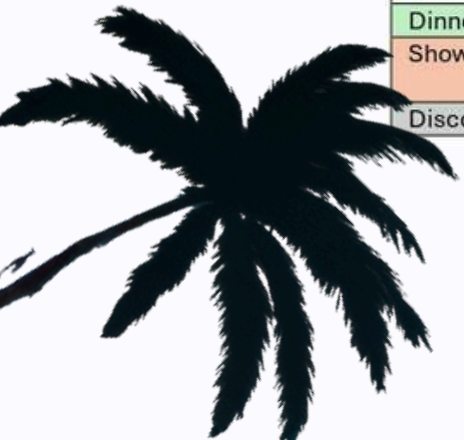
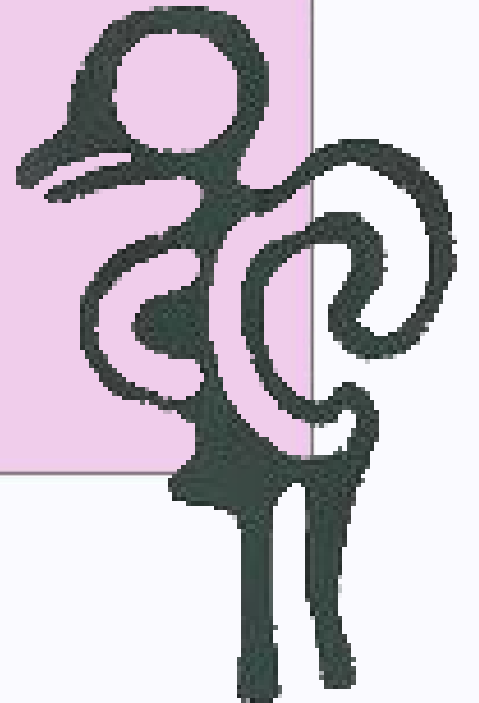


Schedule

[REGISTRATION](#)



Martes April 22	Miércoles April 23	Jueves April 24	Viernes April 25	Sábado April 26	Domingo April 27
Students Arrival	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Community Art	Group 1 Group 2 Group 3 Outdoors	Group 1 Group 2 Group 3 Outdoors	Group 1 Group 2 Group 3 Outdoors	Closure community art Good-Bye
	break	break	break	break	Students Departures
	Conferences Lectures	Conferences Lectures	Conferences Lectures	Conferences Lectures	
	Lunch	Lunch	Lunch	Lunch	
Students Check-Inn	Group 1 Group 2 Group 3 Outdoors	Group 1 Group 2 Group 3 Outdoors	Group 1 Group 2 Group 3 Outdoors	Preparing the space for the closure ceremony Victoria & Sylvia	
Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
Opening Ceremony Conference Hall	Institute's and Students Fair	Community Art (1hour)	Guided Presentation Site Specific Performance	Closure Ceremony at the Beach	
Anouncements	show programs and books.				
Dinner	Dinner	Dinner	Dinner	Dinner	
Showtime	Showtime	Showtime	Showtime	Showtime	
Disco	Disco	Disco	Disco	Disco	



REGISTRATION

Accommodations



1 ADULT

Single Room

5 nights + tuition

\$1240 USD



SHARED ROOM

Double Room

5 nights + tuition

\$1040 USD





Important Notice

Prices will increase by 10% for both packages if payment is made after October 30th.

Check-In

Begin your adventure with us at 3:00 PM, and if you arrive earlier, enjoy a delectable lunch while waiting.



Check-Out

Bid farewell at noon (12:00 PM). Your package includes breakfast on the day of departure, but lunch is not included.

REGISTRATION

Costa Rica – Pura Vida Recommendations



#1

Bring hats, sunscreen, and mosquito repellent to ensure your comfort.



#2

Be mindful of the equatorial sun and consider avoiding direct sunlight between 10:30 AM and 2:00 PM.



#3

Don't forget your swimming suit, walking shoes, flip flops, sunglasses and very light clothing.

Shuttle bus Company to Playa Tambor



From: Airport Juan Santa Maria (San José)
Airport Daniel Oduber Quirós (Liberia)

Destination: Hotel Barceló Playa Tambor
(Tambor)

1) Costa Rica Shuttle:

<https://costaricashuttle.com/reserve-now>

2) Interbus:

<https://www.interbusonline.com/>

3) I love travel Costa Rica:

<https://iltcostarica.com/product/transportation/private-shuttles>



REGISTRATION

The Spring Symposium 2025

@RoselinDeThelin

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